



PRESCHOOL

WEEK 3 – STARTER



Activity Name: Wake Up, Go to Sleep

What You Need: ☐ None needed

What You Do:

- Gather children in an open area of the room with space for them to lie down.
- Encourage children to listen for when you give the go to sleep/wake-up call.
- When you say go to sleep, children will lie down and pretend to sleep, then hop up when you say, “Wake up.”
- Introduce the Bible Story.
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What You Say:

Hello, friends! Let’s play a game about something we all do every single day. We’re going to play “Wake Up, Go to Sleep”!

Our Bible Story today is about a man named Joseph. Joseph had some amazing dreams from God while he was sleeping. Let’s practice going to sleep. When I say, ‘One, two, three ... GO TO SLEEP!’ I want you to lie down, close your eyes, and be very still. Ready? One, two, three ... GO TO SLEEP! *(Allow time for everyone to lie down.)* Great sleeping, everyone! Now, listen for the wake-up call! Ready? One, two, three ... WAKE UP! *(Allow time for children to hop up.)* Good morning!

Let’s try it again! Let’s see how fast you can do it. One, two, three ... GO TO SLEEP! *(Children lie down.)* One, two, three ... WAKE UP!” *(Continue playing, making it a fun, fast-paced game.)*

You are all so good at sleeping and waking up! Today we are going to hear a true story from the Bible about a man named Joseph. Joseph went to sleep and had some special dreams. Let’s go hear what happened.

Lead your group to the Large Group area.



PRESCHOOL

WEEK 3 - SMALL GROUP

MEMORY VERSE: Open the Bible with action card inside. Say the verse and demonstrate the motions for the children.

Let's learn our brand-new Memory Verse. It goes like this: God **(point up)** is with you **(point to self)** wherever you go' **(march in place)**. Joshua 1:9 **(open hands like a book)**.

Activity Name: Joseph's Colorful Coat

What You Need: ☐ Bible with verse action card ☐ Coat activity page ☐ Tissue paper squares
☐ Coloring supplies ☐ Glue sticks ☐ Tray/paper plate

What You Say:

Today in our Bible Story, we learned that Joseph's dad gave him a special coat with many colors. Joseph's dad gave him this very special, colorful coat, and that made his brothers so upset they sent him away. Joseph was put in jail, and then God helped Joseph understand Pharaoh's dream for him. Pharaoh knew that God was with Joseph, so Pharaoh put Joseph in charge of all of Egypt. God loved Joseph, and God was always with Joseph. So, God helped Joseph in everything he did. God loves you and God is always with you. Who is always with you? **[Bottom Line] God is always with me.**

To help us remember the Bible story, let's make our own beautiful, colorful coats! We will glue these colorful pieces all over the coat to make it beautiful. You can also use the crayons and markers to add colors.

What You Do:

- Give each kid an activity page.
- Place the tissue paper squares and coloring supplies on a tray or paper plate in the center of the group.
- Write each child's name on their paper.
- Encourage children to rub glue all over the coat, then place tissue pieces over the glue.
- Kids can color as well.