



PRESCHOOL

WEEK 2 - STARTER



Activity Name: Wonderful Body Balance

What You Need: ☐ Scarves or tissues

What You Do:

- Give each child a scarf or tissue.
- Lead the children through balancing scarves on different body parts.
- Keep it playful and energetic.
- Repeat several times.

What You Say:

Hello, friends! Come over here and spread out. Our Bible story tells us that God made every single part of our bodies. Let's play a balancing game to see what our amazing bodies can do!

First, let's all take our tissue and put it on our head like this. (*Demonstrate.*) Can you balance it there?

Now, let's try to walk around the room without letting it fall off! Be very slow and careful. (*Pause.*) You are doing a great job using your wonderful body to balance! Okay, FREEZE!

Now, let's try to balance our tissue on another body part. Can you put the tissue on your shoulder like this? (*Demonstrate.*) This one is tricky! Try to walk around. Don't let it slip! (*Pause.*) FREEZE!

Let's try one more. How about your foot? Put the scarf or tissue on your foot like this. (*Demonstrate.*) Now you have to hop to keep it on! Hop, hop, hop! (*Pause.*) Wow! You used your heads, shoulders, and feet that God made to do some amazing balancing!

Our bodies are so amazing! God gave us all these wonderful parts that can do so many cool things like balancing and hopping. In today's story, we'll hear how God made each of us so wonderfully special!

Let's go hear our Bible story!

Lead your group to the Large Group area.



PRESCHOOL

WEEK 2 - SMALL GROUP



MEMORY VERSE: Open the Bible with action card inside. Say the verse and demonstrate the motions for the children.

Let's learn our brand-new Memory Verse. It tells us how God made us, and it goes like this: 'How you *(point up)* made me *(point to self)* is amazing and wonderful.' *(push hands up twice.)* Psalm 139:14 *(open hands like a book)*.

Activity Name: I Can Make "Me"

What You Need: ☐ Bible with verse action card ☐ Mirror ☐ People cutouts ☐ Googly eyes ☐ Coloring supplies ☐ Glue sticks

What You Say:

I'm so glad to see you today because it's time to make some awesome art! Do you see this mirror? *(hold up mirror)* Let's take turns looking in the mirror! Take a look and then pass it to the person next to you. *(pass mirror around the group)* What do you see? *(Pause.)* That's right! Wonderful you!

God made every part of you: from the top of your head to your tummy and down to your wiggly toes! God made us with different hair, or no hair at all. God made us with different-colored eyes and different noses. God made us amazing and wonderful! I want you to make a person that looks like you! Be sure to add your hair, your clothes, and all the parts of your face. You can use these fun googly eyes if you would like.

Thank You, God, for making us wonderful! **[Bottom Line] God made me wonderful!**

What You Do:

- Pass the mirror around and invite each kid to look at themselves in the mirror.
- Give each kid one person cutout and two googly eyes.
- Make coloring supplies available.
- Instruct kids to decorate their person cutout like themselves. Encourage kids to add clothes, hair, facial features, etc.
- As they create their people, remind them that every person is made and loved by God.