



## UPPER ELEMENTARY

### WEEK 4- STARTER



#### Activity Name: Upside Down Showcase

**What You Need:** None needed

#### What You Do:

- Ask for a volunteer who can do something “upside down.”
- Let them show the group. They might do a somersault, a simple bridge (crab walk), or even try a handstand against a wall with your help.
- Applaud their fun trick.
- Ask: “Does anyone else have a fun trick they can do?” (It doesn't have to be upside down.)
- Let a few kids share a special talent, like wiggling their ears, hopping on one foot for a long time, or making a funny face.
- Celebrate all their unique abilities because God made everyone unique and wonderful!

#### What You Say:

Those were amazing tricks! It’s so fun to see all the incredible things you can do. God made you each so unique and wonderful! God made us so that we can all do a lot of different things! Today, we are going to hear a true story from the Bible about two sisters named Mary and Martha. They both chose to do different things when Jesus came to their house.

In our Bible Story today, Jesus shows us that the most important thing to do is to be with Him. Let’s learn more!

**Lead your group to the Large Group area.**

## UPPER ELEMENTARY

### WEEK 4- SMALL GROUP

### Discussion Questions:

- Martha was busy serving, and Mary chose to sit and listen to Jesus. Why do you think Jesus said that Mary had chosen “what is better”?
- It’s easy to get caught up in doing good things and Forget about God. What are some ways your day can get so busy that you forget to spend time with Jesus?
- How could making time for Jesus first actually help You do other things better?
- Mary didn’t have to do anything to earn Jesus. attention—she just chose to be with Him. How does that show the way God wants us to connect with Him?
- Jesus is always with us, even when we are busy. What are some small ways you could acknowledge Jesus’ presence with you at school, at home, or with friends?



### Bible Story

Mary and Martha • *Luke 10:38-42*

### Conversation Starter

How can you make time for Jesus?

### Bottom Line

Make time for Jesus first.

### Monthly Memory Verse

*Don't do anything only to get ahead. Don't do it because you are proud. Instead, be humble. Value others more than yourselves.* • *Philippians 2:3 NIV*

## Activity Name: My Week

**What You Need:**  “My Week” Activity Page  Pencils

### **What You Do:**

- Give each kid a page from the “My Week” Activity Page and a pencil.
- Instruct them to fill in their typical weekly schedule. Encourage them to write down things like school, sports practice, homework, chores, and screen time.
- Once the kids have their busy week filled in, invite them to look for the empty spaces.
- Challenge them to find specific times this week where they can intentionally “make time for Jesus.”
- Instruct them to write “Time with Jesus” in some of the empty slots on their calendar.
- Invite them to share with a partner what time they chose and what they plan to do during that time (e.g., pray, read a devotional, listen to worship music).

### **What You Say:**

It’s easy for our schedules to fill up, isn’t it? If we aren’t intentional, time with Jesus can get squeezed out. Martha spent time being busy making everything wonderful for Jesus’ visit. She was doing good things, but Jesus told Martha that Mary had chosen what was better. Mary spent time sitting at the feet of Jesus and listening to Him.

Our days can get very busy. We can get busy with sports practice, music lessons, clubs, playing with friends, or doing chores. These are all good things, but Jesus taught us that it’s most important to spend time with Jesus. When we spend time with Jesus before we do all of those activities, the awareness that He is with us makes all of those activities better! We can spend time with Jesus by praying, reading the Bible, listening to worship music, or singing praises to Him. Making an actual plan on a calendar is a great way to make sure we **[Bottom Line] make time for Jesus first.**

*[Make It Personal] Share an age-appropriate time of how you make time for Jesus first. For example: “My week can get super-crazy, and if I don’t decide ahead of time when I’m going to connect with God, it often doesn’t happen. For me, the best time is right in the morning before everyone else gets up. I schedule it just like any other appointment, because Jesus said only one thing is needed, and that time with Him is the most important thing I can do.”*

**KEEP GROUP TOGETHER UNTIL PICK UP**