



## PRESCHOOL

### WEEK 1- STARTER



#### Activity Name: Nothing is Too Hard

**What You Need:**  No supplies

#### What You Say:

Friends! Let's spread out and do some challenges together. We'll move our bodies in lots of different ways. Some might be hard, but let's go give it a try!

Can you stand on one foot and touch your nose? **(Pause.)** Whoa, that's hard. Can you spin around five times without falling? Ready? I'll count and you spin. One, two, three, four, five! Wow! Can you snap your fingers? **(Pause.)** That's tricky too! Great job! Let's keep going and try some more challenges.

#### What You Do:

- Call out and demonstrate one challenge movement at a time.

Movement ideas:

- Close eyes and balance on 1 foot
- Move tongue in a circle
- March and touch elbows to knees
- Jumping jacks
- Hop on 1 foot
- Touch elbows together

- Encourage and celebrate each attempt, whether successful or silly.

#### What You Say:

Those were some really hard things we did, but nothing is too hard for Jesus. In our Bible Story today, we'll hear about something amazing Jesus did with water that no one else could do. Let's go hear our story!

**Lead your group to the Large Group area.**



## PRESCHOOL WEEK 1- SMALL GROUP



### Activity Name: Jesus Jar

**What You Need:**  “Jesus Jar” Activity pages  blue crayons/markers  purple tissue paper  
 Glue sticks

### What You Say:

In our Bible Story today, the people at the wedding ran out of the special wedding drink so Jesus’ mother, Mary, asked Him to help. Jesus said yes because nothing is too hard for Him. Jesus had the workers fill six jars with water then He did something no one else can do. Jesus turned the water into wine, the special wedding drink. Only Jesus can do that! Nothing is too hard for Jesus because **[Bottom Line] Jesus is amazing.**

Let’s make a special Jesus jar that will help us remember the amazing thing Jesus did!

### What You Do:

- Give each kid a Jar activity page and blue crayon/marker.
- Write each child’s name on their paper.
- Say: “Let’s fill the jar with water! Color the jar with your blue crayon/marker like you are filling it with water. Fill it all the way up!” (demonstrate)
- Encourage kids to color the whole jar.
- Give each kid a small amount of tissue paper squares and a glue stick.
- Say: “Now glue the tissue paper on top of the water in your jar. This picture helps us remember how Jesus changed the water into a special drink at the wedding.”