



UPPER ELEMENTARY

NOVEMBER WEEK 5

Notes

- Yellow highlighted text are cues for audio and visual slides.
- Game, Worship, and the Bible verse from the stage
- Intro and Bible story are on video.

GAME/STORY SUPPLIES

- Stack It Up

WORSHIP

- Praise
- Alive



Today's Bible Story

Nehemiah

Nehemiah 1-4, 6:1-15

Conversation Starter

What do you need help with?

Bottom Line

God can help you do big things.

Memory Verse

"Those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak."

Isaiah 40:31 (NirV)

WELCOME

(Welcome kids)

Hi everyone! Welcome to Flatirons Kids! I'm so excited to see you here today!

Show Series Graphic: Bedrock!

All month, we've been digging into our theme of Bedrock: Building Confidence in God Block by Block. And today we're going to meet someone who took that confidence in God and built on it ... literally! He knew God was with him, so he was able to build something big!

So to warm us up, I think we should play a building game. It'll fit right into our Bible Story today! Let's play!

GAME TIME

Game: Stack It Up

- **Choose 6 volunteers and bring them up on stage. Divide them into 2 teams.**

All right. We've got our teams. But we still need our building material....Cups!

Each team will get 40 [OR YOUR NUMBER OF CHOICE] cups. When I say, 'stack it up,' you will have ONE minute to see which team can build the very tallest tower. You can stack the cups end to end or make a large pyramid. You can build them up in any other way you want. But when we hit one minute, that top cup has to hold for at least a count of five!

Are all of the teams ready? Do you understand the challenge? Then ... STACK IT UP!

Show 1:00 min Timer

- **When the timer reaches zero, count to five out loud and announce the winner. The winner will have the tallest structure that also holds the top cup steady for a count of five!**

Okay, those were some amazing towers! Let's have a round of applause for all of our builders.

It's clear that plastic cups are not always trustworthy for building! But there is something we can always trust in. SOMEONE. It's God! He goes with us through every single thing.

In our true story from the Bible today, we'll learn how someone's trust in God helped them do something really big! Before we dive into our true story from the Bible today, let's worship the God who goes with us everywhere! On your feet, everyone!

WORSHIP

One of the ways we worship is by giving praise and honor to God by singing and dancing. Now, it's your time to jump in and give all you've got as we worship! You can follow along with the moves or worship in your own way. Let's sing!

Show Worship: 2 Songs

Great work, everyone! I love worshipping God with all of you. Let's go ahead and sit down and get ready for our Bible Story today.

INTRO

Show Series Graphic: Bedrock!

Remember, we are doing something amazing we're doing this year! We're going through the story of the entire Bible together! God gave us the Bible so we can know who He is and what He is like. He wants us to learn about Him!

(HOLD UP BIBLE.) This week, we're looking at one of the prophets in the Old Testament, Elijah. Elijah lived during the time of the kings when the nation had split into two. Let's check it out!

BIBLE TRUTH

Show Video: Video_WK 2 So&So Show

APPLICATION

Show Series Graphic: Bedrock!

Elijah's had such confidence in God because, over time, he had learned that God was trustworthy. Elijah built his confidence in God one block at a time—because God had shown He is faithful, not just on the mountain, but every day. Then that day on the mountain, God did something huge. God showed everyone that He alone can do the impossible. Here's what we need to remember:

Show Graphic: WK5_Bottom Line

[BOTTOM LINE] God can help you do big things.

Say that with me! (Repeat with leaders and kids)

When we think about Elijah, we can remember that Elijah trusted God for the impossible. But Elijah's confidence didn't show up all at once. It's not like Elijah was just a faith rockstar all of a sudden! And Elijah's faith in God wasn't always constant! He built it, one block at a time, by listening to God, doing what God said, and depending on God in the big things and the small things.

Confidence is living like you believe God is with you.

Confidence in God is built every time you stand at the edge of something tough and decide to trust God anyway. That's what Elijah did. Elijah got tired. He felt alone. He asked hard questions and wondered if God would show up. But he kept taking the next step—sometimes shaky, sometimes bold—because he'd learned that God's character never changed, even when life did.

You might not be facing a showdown on a mountain or waiting for fire from heaven. But I

know you've got your own impossible lines—maybe it's a problem at home, a friendship that feels broken, an anxiety that doesn't seem to go away, or just the daily pressure to be 'enough.' Sometimes, the scariest thing is just being honest about what you're facing. You don't have to fake it with God. He can handle your worries, your doubts, even your disappointment.

This month's memory verse reminds us of this truth:

Show Verse: Isaiah 40:31

“Those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak.”

Let's say it together! (Repeat with leaders and kids)

As you go to your small groups, think about this question:

SLIDE: Wk 5 Conversation Starter

What do you need help with? Right now, silently think of one big thing you want God's help with this week. If you want, whisper it to God. He hears every word—even the quiet ones. Whatever you thought of, remember—God is right there with you, just like He was with Nehemiah. God never leaves you on your own. He is strong, wise, and He cares about every part of your life. Let's talk to God about what we need.

PRAYER

God, thank You for being with us, just like You were with Nehemiah. When we face things that feel impossible, remind us that nothing is too big for You. Please help each person with what they need this week. You know what is on our hearts, and we need Your help. We love You, and we pray these things in Jesus' name. Amen.

SMALL GROUPS

Show Graphic: Small Group

(Dismiss kids to their small groups)