

## UPPER ELEMENTARY

### NOVEMBER WEEK 3

### Notes

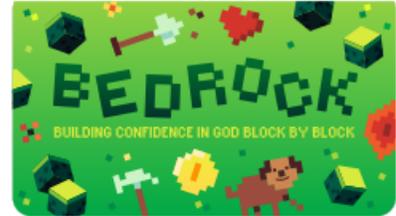
- **Yellow highlighted text** are cues for audio and visual slides.
- Game, Worship, and the Bible verse from the stage
- Intro and Bible story are on video.

### GAME/STORY SUPPLIES

- Silly Switcheroo

### WORSHIP

- Praise
- Alive



#### Today's Bible Story

### Daniel and the Lions' Den

Daniel 6

#### Conversation Starter

**When have you felt alone?**

#### Bottom Line

**God is always with you.**

#### Memory Verse

**"Those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak."**

Isaiah 40:31 (NirV)

---

**WELCOME**

(Welcome kids)

Hi everyone! Welcome to Flatirons Kids! I'm so excited to see you here today!

**Show Series Graphic: Bedrock!**

This month we're exploring our 'Bedrock' series—building confidence in God block by block! Just like when you're building something amazing in a video game, you build confidence in God one block at a time as you talk to Him every day and go through life with Him every day. "Our Bible Story today is all about that! But before we dive into it, let's play a game that's going to get us moving and laughing together!"

---

**GAME TIME**

**Game: Silly Switcheroo**

Everyone up on your feet! We're going to play a game called 'Silly Switcheroo!' Here's how it works!

Stand up and form a large circle. (IF YOU HAVE A REALLY LARGE GROUP, HAVE SMALL GROUPS FORM SMALLER CIRCLES!)

When I call out 'Switch!' you need to find a brand-new spot in our circle. You can't stay where you are, and you can't go to the spot right next to where you were standing. When you hear 'Switch!' move fast but be safe—no pushing or running into each other!

→ **Demonstrate by walking to a different spot in the circle.**

But wait, there's more! Sometimes I'll call 'Double Switch!' That means you switch spots twice—find your first new spot in the circle, then immediately look for another new spot and switch again!

And here's where it gets really fun! I might give you special instructions for how to move to your new spot. Like 'Switch and hop like a frog!' or 'Switch and walk backwards!' or 'Switch and pretend you're building with blocks!' Are you ready to try this? Let's practice once—everybody, Switch!"

→ **Allow kids to move to new spots in the circle(S).**

Perfect! I can already see some of you are natural Silly Switcheroo players! Let's try it with some fun movements. Ready? Switch and hop like a frog!

→ **Continue with several rounds, adding different movements and instructions. An example direction is listed below:**

“Switch!”

“Switch and walk backwards!”

“Double switch!”

“Switch and pretend you're building with blocks!”

“Switch and flap your arms like eagles!”

“Double switch!”

“Switch and tiptoe like you're sneaking!”

→ **After several energetic rounds, instruct the kids to return to their seats.**

Wow! You all are amazing at Silly Switcheroo! I love how you kept switching spots even when it felt a little crazy or when you weren't sure exactly where to go next.

You know what? Sometimes in life, we face situations where we have to make switches or changes, and we don't always feel confident about what comes next. But today we're going to hear about someone who faced a really scary situation—way scarier than switching spots in a circle—and discover how he found the confidence in God. Let's get ready for worship!”

---

## WORSHIP

One of the ways we worship is by giving praise and honor to God by singing and dancing. Now, it's your time to jump in and give all you've got as we worship! You can follow along with the moves or worship in your own way. Let's sing!

### Show Worship: 2 Songs

Great work, everyone! I love worshipping God with all of you. Let's go ahead and sit down and get ready for our Bible Story today.

---

## INTRO

### Show Series Graphic: Bedrock!

Remember, we are doing something amazing we're doing this year! We're going through the story of the entire Bible together! God gave us the Bible so we can know who He is and what He is like. He wants us to learn about Him!

**(HOLD UP BIBLE.)** This week, our story about Daniel is from the Old Testament. Unfortunately, he was taken away from the Promised Land to live in a foreign land, Babylon. But even in a foreign land, he always followed God. Let's check it out our video!

---

## BIBLE TRUTH

**Show Video: Video\_WK 3 So&So Show**

---

## APPLICATION

**Show Series Graphic: Bedrock!**

Throughout his whole life, Daniel had seen God's faithfulness over and over again. When he was taken captive as a young man, God was with him. When he served different kings, God was with him. When he faced difficult situations, God was with him. And when he was thrown into that scary lions' den, God was still with him. That reminds me of what we want to try to remember from Daniel's story today. It's this:

**Show Graphic: WK 3\_Bottom Line**

***[BOTTOM LINE]* God is always with you.**

Say that with me! **(Repeat with leaders and kids)**

Daniel had some serious confidence to face those lions! But Daniel's confidence didn't come from being brave on his own. His confidence came from knowing that God was always with him.

**Confidence is living like you believe God is with you.**

Building confidence is like building in a video game—it happens block by block, day by day. And the strongest foundation for confidence is knowing that God is always with you.

When you choose to follow Jesus, Jesus' very Spirit comes to live inside you. The Holy Spirit gives us the same kind of confidence that Daniel had. Not confidence in ourselves, but confidence in God! The strongest One is with you—He's in you! You face everything with Him. So God is always with you! That's the kind of confidence that helped Daniel face the lions, and it's the same confidence God offers to you!

This month's memory verse reminds us of this truth:

**Show Verse: Isaiah 40:31**

**“Those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak.”**

Let's say it together! (Repeat with leaders and kids)

As you go to your small groups, think about this question:

**SLIDE: Wk 3 Conversation Starter**

**When have you felt alone?** Maybe it was your first day at a new school. Maybe you were sick, or someone let you down. Maybe your heart was pounding before a big test, or you moved to a new school and didn't know anyone. Take a quiet second and remember how that felt.

Daniel knew what it was like to feel alone, surrounded by people who didn't believe what he believed. But Daniel knew he could talk to God anytime, anywhere. And so can you. No matter how alone you might feel, God is right there. You can talk to Him anytime—He's always listening. Let's chew on that Conversation Starter as we head to our Small Groups. And let's pray together now.

---

**PRAYER**

God, thank You that You are always with us. When life feels scary or overwhelming, help us trust You, just like Daniel did. Help us remember that You go with us in everything we face, and may that give us confidence. We love You and we pray these things in Jesus' name. Amen.

---

**SMALL GROUPS**

**Show Graphic: Small Group**

(Dismiss kids to their small groups)