



WEEK FIVE – NOVEMBER 2025 – KINDER/FIRST

Bible Story: *Nehemiah* | *Nehemiah 1-4; 6:1-15*

Bottom Line: *God can help you do big things.*

Memory Verse: *“Those who trust in the Lord will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak.”- Isaiah 40:31 (NirV)*

Insight: *Identity Based on God’s Image – I am created in the image of God and have unique potential and worth*

Application: *Confidence – Living like you believe God is with you*

Series Overview: God chose a people and promised through them to bless the whole world. And God fulfilled that promise by sending Jesus to rescue and redeem us. When we begin to understand this story and allow it to inform everything in our lives, we can live from a place of quiet confidence, knowing God is always with us and is able to work every single thing we face into a beautiful pattern for our good. This month, we’re exploring some larger-than-life characters from God’s story who lived during the decline of Israel and Judah and the following exile. These individuals chose to—or failed to—place the full weight of their lives on trust in God. Through stories of Elijah, Jonah, Daniel, Esther, and Nehemiah we see how making choices from a foundation of trust changes everything about the way you live

8:45 - 9:05 | 10:45 – 11:05 | EARLY ARRIVERS ACTIVITY

Connection Centers

Connect: a time that invites kids to share with others and leaders

What You Need: Activity Bins + Coloring Sheets (find on your shelves in space)

What You Do:

- *PRE-CONNECTION TIME*
 - **Before kids arrive, pray for your group before they arrive. Pray for kids who will visit your group for the first time. Thank God that He goes with you through everything and helps you do even bigger things than you could do on your own. Recall an age-appropriate story about when you asked God for help, and He helped you do something bigger than you'd ever thought you'd be able to accomplish. Pray that kids understand that being obedient in the little things over time is a big thing. Ask God to help the kids learn how to go through all of life with Him so they will do all things together with Him!**
- *DURING CONNECTION TIME*
 - Greet each child by name and with a high five or fist bump!
 - **Make sure to grab second sticker from the child + place it on your sticker sheet**
 - Invite kids who brought an offering to place it in the offering container.
 - Pull out your activity bins + set aside some coloring sheets for kids to partake in your small group space
 - Ask questions in order to connect with + get to know your few as you partake in activities alongside them...you can use these :
 - ***“What is the nicest thing someone did for you this week?”***
 - ***“What is one thing that God made that you think is extra cool? (Like a sunset, a dog, or a tree”***
 - ***“Do you like to play outside or inside more when it's cold?”***

- *“Do you like hot chocolate or apple cider more?”*
- *“When you grow up, what is one thing you want to teach someone else how to do?”*
- *AFTER CONNECTION TIME*
 - *Use this time to review over how to be successful in small group time as well as Flatirons Kids by using the SG Structure 101 sheet featured on your activity shelf*
 - Go over each rule to create a great small group experience
 - Transition into the Opening Small Group Activity

9:05 - 9:20 | 11:05 – 11:20 | OPENING SMALL GROUP

OPENING ACTIVITY

What You Need: Magna Tiles or Blocks

What You Do:

- Greet each kid by name with a fist bump, high-five, smile, or wave as they arrive!
- Invite any kids who brought an offering to place it in the offering container.
- Divide the group into two teams and give each team a set of building blocks.
- Challenge them to build the tallest wall or tower.
- *Optional: Set a timer if it helps with motivation.*
- Encourage rebuilding if their structure falls.
- Once finished, invite both teams to observe and celebrate each other’s work.
- Gather the group to discuss.

Inclusive Pro-Tips:

- Consider using plastic cups instead of blocks if your group is sensitive to noise.

What You Say:

““Way to go, builders! I love how you worked together to build something awesome.

“In today’s true story from the Bible, we’ll discover how God helped a man lead a whole town full of people to build something BIG! Let’s go!”

9:20 - 9:50 | 11:20 – 11:50 | LARGE GROUP

We wrap up with Nehemiah, who served as an advisor to King Artaxerxes. But when he received news that the walls of Jerusalem were broken down, Nehemiah’s heart broke, too. He boldly asked the king for permission to return to his homeland and rebuild. Once Nehemiah arrived in Jerusalem, he discovered the job was bigger than he imagined. But with confidence that God would be with them, Nehemiah rallied the people for an epic building project.

9:50 – 10:10 | 11:50 – 12:10 | SMALL GROUP

Big Things!

[Live for God | Application Activity]

What You Need: “Big Things!” Activity Page

What You Do:

- Before you begin, place each picture in a different corner or section of your group space.
- Divide the kids into four teams and send each team to a different image.
- Ask them to look at the picture and answer:
 - “What big thing might God ask you to do in this picture?”
 - “What might make that hard to do?”

- “What might you need to ask God to give you in that moment?”
- Demonstrate by pointing to one of the images.
- After 2–3 minutes, encourage all of the teams to come back and sit down in a circle together with their pictures.
- Let each team show their picture and share what they discussed.
 - *[Make It Personal] (Share about an age-appropriate time when God asked you to do something that felt tough. Share what it was like to obey God in that moment. What did you ask God to give you to help you?)*

Inclusive Pro-Tips:

- Look at each picture one at a time and discuss it as a group instead of dividing.

What You Say:

“You all pointed out some great things in our scenarios! Sometimes God asks us to do big things—things that feel way too hard for us. But the truth is, God never expects us to do those big things alone. Just like Nehemiah, we can talk to God and ask for help, because **God can help us do big things!**”

“Remember God promises to help you! After all, confidence is not about gritting your teeth and doing everything alone. When you choose to follow Jesus, God sends the Holy Spirit to live in you! That means you never have to face anything alone. You and God’s very Spirit face whatever your life brings together every day. And He will help You! Just like Nehemiah asked God for what he needed every step of the way, you can too!

“You can pray, ‘God, I need courage. Please give it to me.’ And He will! You can pray, ‘God, I need the right words to say. Please give them to me.’ And He will!

“Whatever you need along the way, ask Him for it! Nothing is too big for Him. **God can help you do big things!**”

UP IN THE AIR VERSE

[Hear From God | Memory Verse Activity]

What You Need: Bible; Beach Ball

What You Do:

- Open the Bible and read Isaiah 40:31.
 - *NOTE: You can call on an older kid in your group to read the verse too.*
- Review any words that might be unfamiliar to the kids.
- Teach and review the motions with the group:
- These are the motions for the NIrV:
 - *Those who trust (Hold palms open and up to the sky.)*
 - *in the Lord (Point both hands up toward heaven.)*
 - *will receive (Pull your hands in toward your chest like you're reeling something in.)*
 - *new strength. (Show your muscles—flex both arms with a strong face.)*
 - *They will fly as high as eagles. (Flap your arms slowly and gracefully like wings.)*
 - *They will run (Run in place.)*
 - *and not get tired. (Cross your arms in front of you in an “X.”)*
 - *They will walk (Take slow, steady walking steps in place.)*
 - *and not grow weak. (Cross your arms again in an “X.”)*
 - *Isaiah 40:31 (Open palms together like a Bible.)*
- Instruct the kids to stand in a circle.
- Explain that they will gently throw the beach ball to another kid in the circle while reciting the next word of Isaiah 40:31.
- Assist the kids with the words as you play.
- Repeat if time allows.
- Challenge the kids to not let the beach ball touch the ground for the entire verse.

Inclusive Pro-Tips:

- To adjust the movement to this activity, invite the kids to stay seated and pass the beach ball around the circle as they recite the verse. You can do this on the floor or around a table.

What You Say:

“Wow! Way to remember Isaiah 40:31 this month, friends!

“Keeping the beach ball up was big job, and you helped each other to keep going. God helps us to keep going too! When we trust God, He gives us the strength we need, just like Isaiah 40:31 says. We’re not meant to do hard things on our own. When something feels too big or too difficult, we can talk to God, just like Nehemiah did.

“God is strong. God is kind. Good is GOOD! God never gets tired or gives up. And because of who He is, we can live with confidence and keep going, even when things feel tough. Remember, **God can help you do big things!**”

PRAYER TIME

[Pray to God | Prayer Activity]

What You Need: N/A

What You Do:

- Invite kids to sit in a circle.
- Say, “God loves when we talk to Him, and He’s always listening! Let’s pray together and thank Him for helping us when we have something big in front of us. After each thing I say, you’ll say, ‘**God can help me do big things!**’”
- After each phrase you read aloud, prompt the kids to respond by saying: **“God can help me do big things!”**
- Encourage the kids to say it boldly and with confidence.
- Then, close in prayer.

o ***Call and Response:***

- “When I need courage to try something new ...”
- *(Kids respond)* **“God can help me do big things!”**

- “When I feel too small to make a difference ...”
- *(Kids respond)* **“God can help me do big things!”**

- “When I want to do what’s right even if it’s hard ...”
- *(Kids respond)* **“God can help me do big things!”**

- “When I see someone who needs help ...”
- *(Kids respond)* **“God can help me do big things!”**

- “When I want to tell others about Jesus ...”
- *(Kids respond)* **“God can help me do big things!”**

What You Say:

“God, thank You for always being with us! You never leave us, and You never run out of strength, because You are a Mighty, all-powerful God! When we don’t feel brave or strong enough, remind us that we can trust You. Thank You for helping Nehemiah do a big thing, and thank You for helping us too. We want to live every day knowing that You go with us through everything. Teach us to ask You for everything we need. We want to go through life with You! We love You, God, and we pray these things in Jesus’ name. Amen!”

[As adults arrive to pick up, encourage kids to share the story of Nehemiah’s challenge to rebuild the walls and gates around Jerusalem. Remind them to share the truth that just like God helped Nehemiah: [Bottom Line] God can help you do big things.]