



## MOUNTAIN

Think about a challenge you've faced that felt hard—something that felt too big to face alone. Write about it or draw a picture in this box.

## BRIDGE

Think of a time you did something brave and knew God was with you, helping you. Use this box to praise God for being with you and giving you courage!

## RIVER

What's something coming up where you need to ask God for courage? Maybe you're trying out for a new sport, or you want to stand up for a friend who's being picked on. Ask God for help in this box.

"WHEN I'M AFRAID,

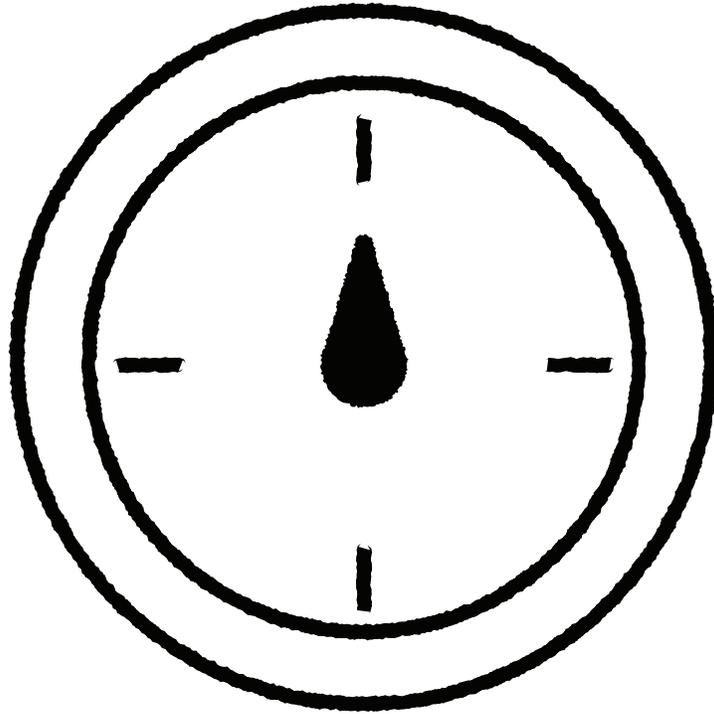
I PUT MY TRUST IN YOU."

PSALM 56:3 NIr-V

GOD GAVE US HIS SPIRIT. AND THE SPIRIT DOESN'T MAKE US WEAK AND FEARFUL. INSTEAD, THE SPIRIT GIVES US POWER AND LOVE. HE HELPS US CONTROL OURSELVES. 2 TIMOTHY 1:7

# NORTHE

(Name)



**Name something you  
need courage to do.**

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**What to Do:**

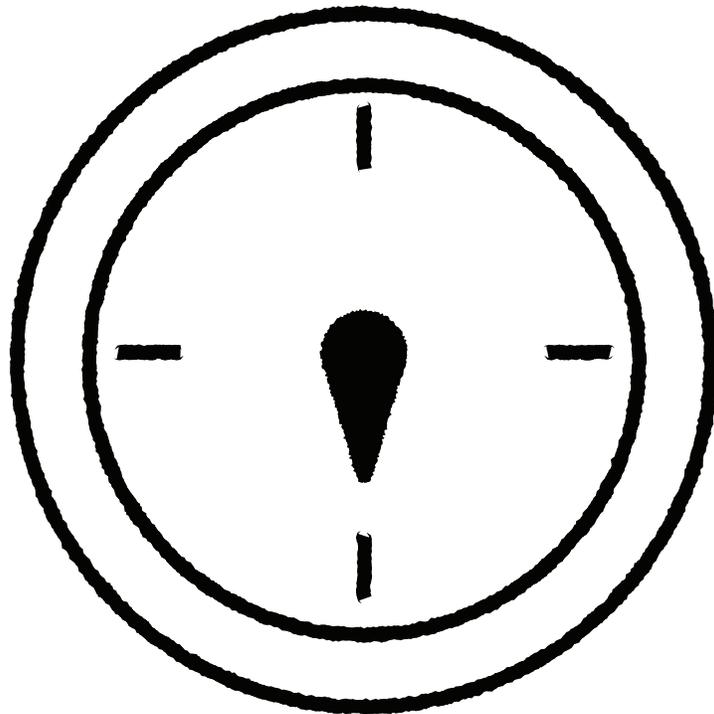
Print on paper, one set for each Small Group  
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**"Compass Prayer" Activity Page**

September 2025, Week 2, Small Group Preteen.  
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# SOUTH

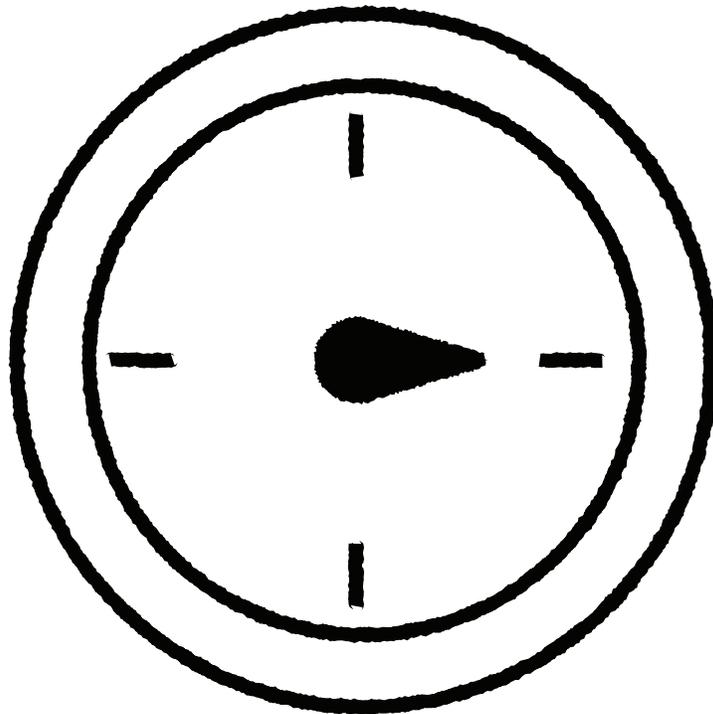
(Step)



**Ask the Holy Spirit to  
help you be courageous  
and take the next step!**

# EAST

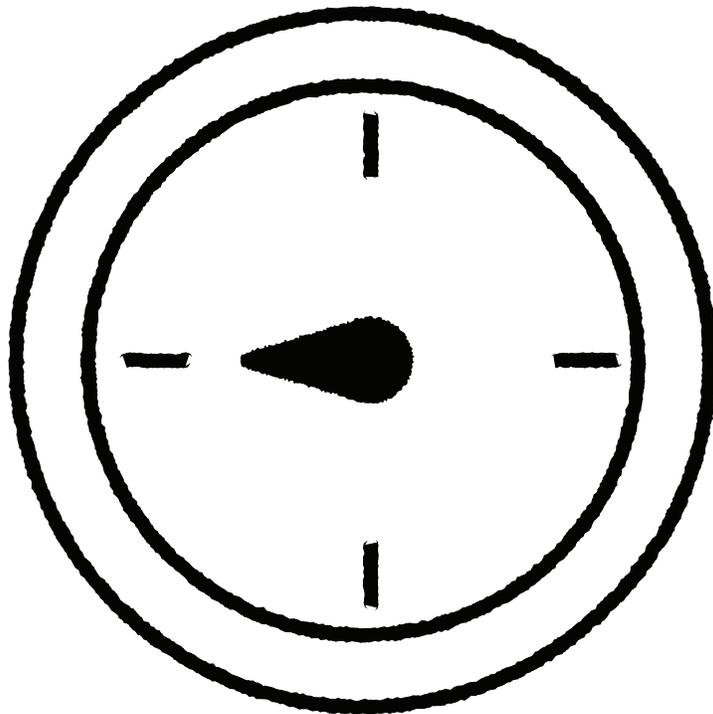
(Encourage)



**Pray for someone you  
know who needs courage.**

# WEST

(Worship)



**Praise God that you can  
trust Him! Thank God that  
you are never alone!**