



WEEK ONE – NOVEMBER 2025 – KINDER/FIRST

Bible Story: *Elijah + Prophets of Baal | 1 Kings 18:16-45*

Bottom Line: *God can do the impossible*

Memory Verse: *“Those who trust in the Lord will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak.”- Isaiah 40:31 (NirV)*

Insight: *Identity Based on God’s Image – I am created in the image of God and have unique potential and worth*

Application: *Confidence – Living like you believe God is with you*

Series Overview: God chose a people and promised through them to bless the whole world. And God fulfilled that promise by sending Jesus to rescue and redeem us. When we begin to understand this story and allow it to inform everything in our lives, we can live from a place of quiet confidence, knowing God is always with us and is able to work every single thing we face into a beautiful pattern for our good. This month, we’re exploring some larger-than-life characters from God’s story who lived during the decline of Israel and Judah and the following exile. These individuals chose to—or failed to—place the full weight of their lives on trust in God. Through stories of Elijah, Jonah, Daniel, Esther, and Nehemiah we see how making choices from a foundation of trust changes everything about the way you live

8:45 - 9:05 | 10:45 – 11:05 | EARLY ARRIVERS ACTIVITY

Connection Centers

Connect: a time that invites kids to share with others and leaders

What You Need: Activity Bins + Coloring Sheets (find on your shelves in space)

What You Do:

- *PRE-CONNECTION TIME*
 - **Before kids arrive, pray for your group before they arrive. Pray for kids who will visit your group for the first time! Thank God that you have built your confidence on Him and not on yourself or others. Recall an age-appropriate story about a time when you trusted God even when things looked impossible. Thank God for always showing up! Ask God to help every kid learn how to live knowing He is with them, so they enter every situation with confidence in Him. Pray that even if a kid feels like the only one following God (like Elijah), they would know they're not alone, because the Holy Spirit is with them.**
- *DURING CONNECTION TIME*
 - Greet each child by name and with a high five or fist bump!
 - **Make sure to grab second sticker from the child + place it on your sticker sheet**
 - Invite kids who brought an offering to place it in the offering container.
 - Pull out your activity bins + set aside some coloring sheets for kids to partake in your small group space
 - Ask questions in order to connect with + get to know your few as you partake in activities alongside them...you can use these :
 - ***“What is the nicest thing someone did for you this week?”***
 - ***“What is one thing that God made that you think is extra cool? (Like a sunset, a dog, or a tree”***
 - ***“Do you like to play outside or inside more when it's cold?”***

- *“Do you like hot chocolate or apple cider more?”*
- *“When you grow up, what is one thing you want to teach someone else how to do?”*
- *AFTER CONNECTION TIME*
 - *Use this time to review over how to be successful in small group time as well as Flatirons Kids by using the SG Structure 101 sheet featured on your activity shelf*
 - Go over each rule to create a great small group experience
 - Transition into the Opening Small Group Activity

9:05 - 9:20 | 11:05 – 11:20 | OPENING SMALL GROUP

OPENING ACTIVITY

What You Need: N/A

What You Do:

- Greet each kid by name with a fist bump, high-five, smile, or wave as they arrive!
- Invite any kids who brought an offering to place it in the offering container.
- Lead the kids to try the following nearly impossible tasks.
 - Lick your elbow
 - Wiggle your ears
 - Raise your eyebrows—left, then right
 - Wiggle your nose
 - Snap your fingers
 - Hold a pencil between your nose and upper lip
 - Hold a pencil between your bottom lip and chin
 - Balance a pencil on your ear, nose, shoulder, or knee
 - Say the following tongue twisters five times in a row.
 - “Toy boat”
 - “Red leather, yellow leather”

- “Fruit float”
- “Bubble bobble”
- “Selfish shellfish”
- Gather the group to discuss.

Inclusive Pro-Tips:

- Let kids choose which challenges to try. Relieve any pressure by saying, “Try it if you want to!” This helps kids with physical or social anxieties feel safe.
- To adjust the mobility to meet the needs of your groups, offer other fun challenges like:
 - “Can you blink really fast?”
 - “Can you say your name in a silly voice?”

What You Say:

“Some of these challenges were REALLY hard! Maybe you can say ‘toy boat’ five times fast, but you can’t wiggle your ears. There are limits to what we can do because some things are just impossible for us.

“But today in our true story from the Bible, we’re going to see that NOTHING is impossible or too hard for God. Let’s go!”

9:20 - 9:50 | 11:20 – 11:50 | LARGE GROUP

We start off with Elijah on Mount Carmel. King Ahab had led the people far from God—and for three years, the land had received no rain. But Elijah was so confident in God that he challenged 450 prophets of Baal to a duel-by-fire-fromheaven. These prophets placed their confidence in a false god. But when Elijah called out to the one true God, the answer was explosive!

9:50 – 10:10 | 11:50 – 12:10 | SMALL GROUP

TRUE OR FALSE FLIP

[Talk About God | Bible Story Review]

What You Need: “True or False” Activity Pages; paper plates; craft sticks; markers

What You Do:

- Give every kid a paper plate and a marker.
- Invite the kids to draw:
 - A happy face on one side of the paper plate.
 - A sad face on the opposite side of the paper plate.
- Assist the kids with taping a large craft stick to the back of their plates.
- Say, “I’m going to read several true or false statements from today’s Bible Story. If you think the statement is true, hold the smiley face side of your paper plate high! If you think the statement is false, hold the sad face side of your paper plate high!”
- One by one, read the statements from the “True or False” Activity Page aloud, pausing for the kids to show their responses.
- If the statement is false, lead the kids to tell you the true answer.
- Continue until all the true or false statements have been answered.

Inclusive Pro-Tips:

- Lay both faces on a table or tray and allow children to point to each face.

What You Say:

“Why do you think Elijah told Ahab to bring 450 prophets of Baal and 400 prophets of Asherah to pray and cry out to their false gods? *(Pause.)* We know that the 450 prophets of Baal came. Imagine being Elijah, the **ONLY** one standing up against all of those prophets! But Elijah knew that **God could do the impossible.**”

“God is the One who held back the rain for all those years to try to get King Ahab’s attention. He’s the One who sent fire down from heaven to completely obliterate the sacrifice, the altar, even the stones. And God is the One who sent heavy rain after three long years of NO rain. There isn’t anything God cannot do! But the best news yet? That same strong God goes with us in every situation we face.

“When we put our trust in Jesus, God’s very Spirit, the Holy Spirit, comes to live inside of us. He can help us remember that the strong God faces everything with us, and since God is the strongest, we can be confident no matter what we’re up against. Elijah was confident because he trusted and believed that God is strong. He was facing hundreds of prophets! We can be confident no matter what we are facing too, because God is with us and **God can do the impossible.**”

[Make It Personal] (Tell your group about an age-appropriate time when you needed help and trusted God to do the impossible. Maybe you decided to make a big job change, and it was scary. Or maybe you decided to invite a friend to church, but you were nervous. How did trusting God give you the confidence to do something that felt impossible?)

FLY LIKE AN EAGLE

[Hear From God | Memory Verse Activity]

What You Need: Bibles; “Verse Motions” Activity Page

What You Do:

- I Divide the kids into groups of two.
- Give each group a Bible marked at Isaiah 40:31.
- Demonstrate how to look up the verse using the Bible Navigation Tips.
 - *Finding verses with kindergartners:* Guide children to open their Bibles to the marked page. Point to the book name at the top of the page as you say it aloud. Then, guide children to find the big number

on the page—this is the chapter number. Finally, guide them to look under the big number for the little number; this is the verse number. Tell them to leave their finger on the verse as you read it aloud. Then, lead everyone to say the verse together.

- ***Finding verses with 1st graders:*** *Guide them to open their Bibles to the front and find the table of contents. (Hold up a Bible opened to the table of contents to show the kids what the page looks like.) When the kids find the table of contents, lead them to find the name of the book in the list. You can help by pointing out the first few letters of the book’s name. When the kids find the book, lead them to look at the page number beside it. Explain that the number tells them on what page they can find that book. Help the kids find the page. When they find the book, explain that the big numbers on the page are the chapter numbers. Help them find the right chapter. Then explain that the small numbers are verse numbers. Help them find the correct verse in that chapter.*
- Repeat the verse together several times.
- Review any words that might be unfamiliar to the kids.
- Use the “Verse Motions” Activity Pages to teach the kids motions to Isaiah 40:31.
- Walk through the motions slowly, until the kids have learned them.
- Repeat the verse with the motions for several rounds. For each round, call on two kids each time to perform the motions like:
 - Kids who like chocolate ice cream
 - Kids with a winter birthday
 - Kids who have a pet
 - Kids who are left-handed
 - Kids who wore sneakers today
- Gather the group to discuss.

Inclusive Pro-Tips:

- Print “Verse Motions” Activity Pages to support visual learners and readers who want to follow along on their own copies of the motions.

What You Say:

“The Bible is one big book full of truth! It’s got two parts: the Old Testament and the New Testament. Our Memory Verse this month comes from the book of Isaiah, which is in the Old Testament! Isaiah was someone God chose to send a message from Him to His people. They were feeling really tired and weak. But Isaiah reminded them of this awesome truth: When you trust in God, He gives you new strength! And guess what? That promise is for us too!

“Whatever you’re facing, God can give you strength. Maybe you’ve been doing the right thing over and over and over, like being kind to the new kid, and you’re tired. Maybe you’ve been working really hard to learn how to read and write, and you’re tired. Life is hard, and we can get tired! We need new strength!

“But God is the strongest! And when we trust that the strong God is with us, this verse promises that He will give us strength. If you are feeling all wimpy and tired, God is the strong One. You can pray to Him, and He can help you be stronger because He is strong. When you trust in Him, He will give you new strength so you can keep going and not get so tired! Keep practicing these motions at home and remember: **God can do the impossible!**”

PRAYER TIME

[Pray to God | Prayer Activity]

What You Need: N/A

What You Do:

- Before you pray, ask the kids to answer a simple question like:
 - *“What do you think you’ll eat for lunch today?”*
- Explain that once you ask the question, you’ll count to three, and then the kids will call out their answers at the same time.
- Once they do, try to recall some of the answers. Then point out that even though you really tried, you couldn’t hear every single answer at once. It’s impossible for you!

- Share with the kids that God CAN hear all their prayers, even when prayed at the same time, because **God can do the impossible**.
- Give the kids a few moments to pray silently on their own.
- Close in prayer.

What You Say:

“God, we love You and we believe that YOU can do the impossible. Thank You for listening to every prayer from my friends in this group. Thank You for hearing the prayers of all Your people, all over the world! Today we discovered that what might be completely impossible for us is possible for You. Help us to walk confidently knowing that You are with us in everything that we face. Thank You for loving us, God. We love You so much. In Jesus’ name we pray. Amen!

[As adults arrive to pick up, encourage the kids to show off the motions to Isaiah 40:31 from the Memory Verse Activity.]