

TIPS FOR BEING ON THE REC TEAM

You're the energy igniters, the game gurus, and the ultimate hype crew! Get ready to make every minute of Rec time at Kids Camp an unforgettable adventure as we Live It Out: discovering how to live and love like Jesus did! Your role is crucial for keeping spirits high, bodies moving, and hearts engaged.

BE THE ULTIMATE HYPE MACHINE

Your energy is contagious! Kids will mirror your enthusiasm, so bring your A-game.

- **Pump Up the Volume:** Use a loud, clear, and excited voice! Announce games like they're the most epic events ever.
- **Show, Don't Just Tell:** Demonstrate how to play with flair! Act out the moves, make sound effects, and get silly.
- **Encourage All-Stars:** Cheer for effort, not just victory. Shout out specific kids for great sportsmanship, trying something new, or being a fantastic teammate. "Awesome hustle, Maya!" "Way to share the ball, Ethan!"
- **Be a Part of the Fun:** Join in! Play alongside the kids, do the silly dances, and show them how much fun you're having.

MASTER THE GAME PLAN

Preparation makes perfect, especially when leading dynamic activities.

- **Know Your Games Cold:** Read through your game descriptions before Rec time. Understand the rules inside and out, and visualize how you'll explain and demonstrate them.
- **Keep it Clear & Quick:** When explaining rules, use short, simple sentences. Get to the point! A quick demo is often better than a long explanation. "Here's how we play [Game Name]! The goal is to [explain goal]. Your job is to [explain actions]. Ready? Let's go!"
- **Anticipate the "What If's":** Think about common questions or confusions kids might have. How will you handle ties? What if someone isn't participating? Having a quick answer ready keeps the flow going.
- **Have a Backup Blast:** Sometimes a game just doesn't land. Have a simpler, quick-to-start backup game in your back pocket (like "Red Light, Green Light" or "Freeze Dance") to switch to if needed or if you have a little bit of extra time to manage.

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SAFETY FIRST, FUN ALWAYS

Keeping everyone safe is your top priority, even amidst the excitement.

- **Clear Boundaries:** Before starting any game, clearly define the play area. "Our boundaries are the blue cones – if the ball goes past them, it's out!"
- **Buddy Up & Count Off:** Especially for games that involve movement, know how many kids you have. Encourage them to buddy up and do quick counts to ensure everyone is accounted for.
- **Rule Reminders:** Briefly state one key safety rule before each active game. "Remember, no pushing in this game!" or "Let's make sure we're looking where we run!"
- **Scan & Supervise:** Keep your eyes moving! Watch for kids who might be struggling, getting frustrated, or not following rules. Step in quickly and kindly to redirect.
- **Water Warriors:** Remind kids regularly to take water breaks, especially on hot days. Hydration is key to keeping the fun going!

ADAPT + ENGAGE EVERY PLACE

Every camper deserves to feel included and have a blast.

- **Modify on the Fly:** Is a game too easy or too hard? Adjust! Make the boundary smaller/larger, change the number of players on a team, or add a fun twist.
- **Inclusion is Key:** Encourage participation from quieter kids. Give them a specific role or a simple task to build their confidence.
- **Team Spirit!** For team games, emphasize cooperation and encouragement over just winning. "How can your team Live It Out by working together?"
- **Fair Play Focus:** Remind kids about good sportsmanship. Celebrate effort, respect for others, and playing fair – these are all ways we Live It Out like Jesus!

You are the heart of the action at Kids Camp, and your positive energy makes a huge difference! Get out there, have a blast, and help our campers Live It Out with every cheer, every game, and every moment of joy!