

# MONDAY: UPPER ELEMENTARY SG GUIDE

## WHAT YOU NEED:

- “Live It Out Field Guide” with “Merit Badge Stickers” and coloring supplies; Inclusive  
Optional Supplies: Heart stickers

## WHAT YOU ASK:

- How has someone put you first?
- How do you feel when someone puts you first?
- In what ways has Jesus shown love to us?
- Why can it be difficult to put others first?
- Why should we love others?
- When we love others, what does that show them?

## WHAT YOU DO:

- Give each kid a “Live It Out Field Guide” and a pen or pencil.
- Direct kids to write their name on their guide
- Explain to kids that praying is simply having a conversation with God. God is like a trail guide that we can talk to any time! We don’t have to use special words. We can tell God anything, any time!
- Tell kids that each day, they are going to be given a merit badge to remind them of the journey we are on to discover how to love like Jesus.
  - Ask the kids to share some ideas for how they can love one another. (For example: Write a thank you card to a grandparent or teacher, play with a sibling and ask about their day, tell a parent things you love about them, etc.)
- Point out the first page on the guide where they can write a short prayer about how they can love one another.
- Give kids a few minutes to write down their prayer and pray silently.
- Encourage kids to share their responses, if they feel comfortable.
- Give each kid the first merit badge sticker to place on their guide and set out the coloring supplies
- Explain that when kids see the binoculars, it can remind them to look for the needs of others around them so they can put them first like Jesus did.

## WHAT YOU PRAY:

- “Dear God, thank You for loving us! Help us to think of ways we can show love to others every day like Jesus did. Help us use our feet and hands to do kind things for those around us. Help us use our words to say nice things that will make someone’s day better. In Jesus’ name, amen.”

## AS YOU FINISH:

- Collect each “Live It Out Field Guide” and set aside for the next day.