

RECREATION ROTATION

MONDAY

Egg Drop

TUESDAY

Magnetic Fishing

WEDNESDAY

Tug-of-War

THURSDAY

Camp Olympics



WEDNESDAY: TUG-OF-WAR

WHAT YOU NEED:

- Rope; Inflatable pool

WHAT YOU DO:

- Before Your Group Arrives:
 - Rope Ready: Ensure your campus has one large, sturdy rope (around 35ft long) prepared for the challenge.
 - Center Display Setup: Set up your chosen "center point" display. This could include a fake campfire, a tiny tent, a pit of fake snakes, a pit of live worms, or even a designated "lake" area. This display marks the boundary that teams must not cross!
 - Mark the Line (Optional): You may use tape or a natural line on the ground to clearly mark where the kids should stand on their side of the rope.
- Starting the Activity:
 - Introduce the Challenge: As your small group enters the recreation area, direct them to the tug-of-war setup. Explain the goal: To pull the other team across the center line!
 - Rules of the Game: Clearly explain how a team loses:
 - The first team to be pulled into the designated "center" display.
 - Any player stepping off their marked line.
 - Any player letting go of the rope.
 - Team vs. Team Fun: Encourage spirited but safe play! You can run different rounds to keep things exciting:
 - Group vs. Group: Have entire small groups compete against each other.
 - Kids vs. Leaders: Challenge the kids to pull against their leaders!
 - Leaders vs. Leaders: Give the kids a chance to cheer while the leaders battle it out.
 - Boys vs. Girls: A classic friendly competition.
 - Variations for Extra Challenge: Try rounds of "sock feet tug of war," "one-handed tug of war," or even "sitting tug of war" for a unique twist!
- Clean Up:
 - Shoes On: Before moving to the next station, remind all kids to put their shoes back on if they participated in sock-feet rounds.
 - Prep for Next: Quickly prepare your area for the next incoming group.
 - Pack Away: At the end of the day, ensure the large rope is properly packed away.
 - Tidy Up: Vacuum or mop any mess made by the rope or the center display elements.