

# RECREATION ROTATION

## **MONDAY**

Egg Drop

## **TUESDAY**

Magnetic Fishing

## **WEDNESDAY**

Tug-of-War

## **THURSDAY**

Camp Olympics



# MONDAY: EGG DROP

## WHAT YOU NEED:

- Eggs; Cardboard box; Styrofoam block; Plastic straws; Rubberbands; Tape; Spool String; Coffee filter; Coloring supplies; Ladder

## WHAT YOU DO:

- Before Your Group Arrives:
  - Ensure you have a pre-made box of limited supplies and an egg ready for your small group. These boxes contain everything the kids will need to create a protective shield for their egg.
- Starting the Activity:
  - As your small group enters the recreation area, hand them their “Live It Out Field Guide” from the previous day and a pen or pencil.
  - Remind the kids that just as Jesus showed us how to serve, this activity will challenge them to serve their egg by protecting it!
  - Then, give each small group their pre-made box of supplies and the egg.
- Building Time (10 minutes):
  - Explain to the kids that they have ten minutes to work together to build a strong shield for their egg.
  - Help each child in the group choose a specific supply from the box to be responsible for, and emphasize that all the supplies in the box must be used in their design. Encourage them to think about how they can serve one another by contributing their part to protect the egg.
  - Set a timer for ten minutes and guide them as they create their protective designs.
- The Drop Test:
  - Once the ten minutes have ended, leaders should gently collect each group’s protected egg.
  - Take turns dropping the eggs from an elevated height (like a ladder or designated drop point).
  - Celebrate their efforts and teamwork, noting how their service to the egg paid off!
- Clean Up:
  - During the transition time to the next rotation, recreation leaders should clean up any broken eggs and collect all the remaining supplies.