

**Psalm 119:105 (NirV)**

Your word is like a lamp that shows me the way.  
It is like a light that guides me.

**Psalm 119:103 (NirV)**

Your words are very sweet to my taste!  
They are sweeter than honey to me.

**Ephesians 4:32 (NirV)**

Be kind and tender to one another. Forgive one another, just as God forgave you because of what Christ has done.

**James 1:19 (NirV)**

My dear brothers and sisters, pay attention to what I say. Everyone should be quick to listen. But they should be slow to speak. They should be slow to get angry.

**1 Timothy 4:8 (NirV)**

Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come.