

WEEK TWO – APRIL 2024 – SECOND/THIRD

Bible Story: Esau's Impatience | Genesis 25:24-34

Bottom Line: When you think you can't wait, think twice

Memory Verse: "Wait for the LORD. Be strong + don't lose hope. Wait for the LORD." –

Psalm 27:14

Virtue: *Patience – Waiting until later for what you want now*

Basic Truth: I need to make the wise choice

Series Overview: Waiting is a part of life. Thankfully, we don't have to wait on our own. Through the Holy Spirit, God can help us experience the patience we need to wait well. After all, God is patient with us. God is in control and knows what's best for us. God sent Jesus. Because we're created in God's image, we can reflect God's patience in our lives. We can be patient when we remember what God has done. We can lean on God's Holy Spirit to give us the strength we need to trust God and show patience with the difficult circumstances in our lives.

Bottom Line: When you think you can't wait, think twice. Through the story of Esau, we pray that kids will discover why it's important to have patience and wait. We will face moments when we want to rush and take the first choice that comes our way, but that might not be God's best for us. We pray that kids will discover that when they wait, they can experience something even better than they can imagine.

9:05 - 9:20 | 11:05 – 11:20 | EARLY ARRIVERS ACTIVITY

Opening Small Group Activity

Move: an activity that increases the oxygen in the brain and taps into the energy in the body

What You Need: Whiteboard; Dry Erase Marker

What You Do:

- Welcome kids by name as they arrive
- As kids arrive, ask: "What are your favorite foods to eat at a cookout or outdoor gathering?"
- When several kids have gathered, ask:
 - o "If you were at a cookout, which food would you choose to get a second serving of?"
- Encourage the kids to answer this question silently to themselves.
- Invite a kid, one at a time, to draw a picture of the food they chose on the whiteboard.
- Encourage the rest of the group to try to guess what they're drawing.
- Instruct the kid who guesses correctly to draw for the group next.
- If no one in the group guesses correctly, invite the kid who is drawing to share with the group once the drawing is complete and choose someone to go next.

What You Say:

"Great job! [Transition] Today in Large Group, we aren't talking about twice-baked potatoes or whatever your favorite cookout food item may be, but we're going to hear about why we should think twice when it comes to patience."

9:15 - 9:45 | 11:15 – 11:45 | LARGE GROUP

Large Group Overview: For Week 2, we turn to Genesis 25:24-34, where we find one of the best examples of what happens when someone is not patient—the story of Esau. After a hunting trip, Esau was exhausted and hungry! And wouldn't you know, his brother Jacob had a pot of stew cooking on the fire. Jacob took advantage of this situation and offered a bowl in exchange for Esau's inheritance. Turns out, Esau couldn't resist. He lost something extremely valuable, all because he was impatient.

9:45 – 10:05 | 11:45 – 12:05 | SMALL GROUP

Think Twice

[Live for God | Application Activity]

Imagine: an activity that promotes empathy and facilitates biblical application through role-play and reenactment

What You Need: "Think Twice" Activity Page; "Think Twice Stickers" Activity Page; markers

What You Do:

- Give every kid a "Think Twice" Activity Page.
- Set out the "Think Twice Stickers" Activity Page for kids to share from during the activity.
 - Explain that the "x2" is a reminder to think twice before reacting.
- Choose one kid to read the first scenario from the "Think Twice" Activity Page.
- Instruct the kids to place a "x2" label from the "Think Twice Stickers" Activity Page in the circle next to the first scenario.
- Ask: "If you choose to think twice, what kind of outcome could you have?"

- Set out the markers.
- Invite kids to use the markers to draw a picture or write out how the story could end when they choose to think twice in the box beside the first scenario on the "Think Twice" Activity Page.
- Invite volunteers to share their "Think Twice" endings to each scenario.
- Repeat with each of the four scenarios on the "Think Twice" Activity Page.
- Keep the extra stickers for the Pray and Dismiss Activity.

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What You Say:

"Good job thinking twice, friends! It can be easy to make unwise decisions. Our emotions can lead us astray before we even realize it. This could look like anger taking over and yelling at our sister when she borrows your favorite shirt, or greed causing you to feel ungrateful when you're waiting for a turn to play a game. This is why it's so important to think twice. Thinking twice gives us a second to breathe. It helps us make a wise decision that benefits everyone, including you!

"The best part is, we don't have to figure out how to make the wise, patient choice alone. See, when we follow Jesus, God sends the Holy Spirit to live inside us. Patience is a gift from God's Spirit. So, [Bottom Line] when you think you can't wait, think twice."

[Make It Personal] (Share about a time you showed patience by stopping to think twice and how it helped you make the wise choice.)

Echo That

[Live for God | Application Activity]

Play: an activity that encourages learning through following guidelines and working as a group

What You Need: Bible; paper; markers

What You Do:

• Divide the group into two teams.

- Instruct the teams to sit on separate sides of your group space.
- Give each team a Bible, three pieces of paper, and a marker.
- Together, look up the Memory Verse using the Bible Navigation Tips below.
 - o *Finding verses with 2nd and 3rd graders:* Guide them to open their Bibles to the front and find the table of contents. (Hold up a Bible opened to the table of contents to show the kids what the page looks like.) When the kids find the table of contents, lead them to find Psalms in the list under "Old Testament." When the kids find Psalms, lead them to look at the page number beside the word. Explain that the number tells them on what page they can find Psalms. Help the kids find the page. When they find Psalms, explain that the big numbers on the page are the chapter numbers. Help them find chapter 27. Explain that the small numbers are verse numbers. Help them find verse 14 in chapter 27.
- Instruct teams to write out each of the three lines from the Memory Verse on a separate piece of paper—that's one line per paper.
- When teams have finished, choose a team to go first.
- Quietly assign each team a voice (see the Voice Ideas below) to recite the Memory Verse, section by section.
 - o Instruct Team 1 to recite line 1 of the Memory Verse in the voice idea they've been assigned.
 - o Instruct Team 2 to echo line 1 the Memory Verse in the voice they heard Team 1 use.
 - Repeat with lines 2 and 3 of the Memory Verse.
- Allow Team 2 to guess Team 1's assigned voice when finished.
- Continue by assigning a new voice to Team 2 and echoing the Memory Verse in that new voice.
- Continue with other voices as time and interest allow.
 - Voice Ideas:
 - Cowboy
 - Robot
 - Opera singer
 - Pirate

- Dog
- Cat

What You Say:

"Did you know studies show that people need to hear something seven times before it really sinks in? Whether I'm learning a Memory Verse or just trying to make a wise choice, it helps to think about it over and over again. Our Memory Verse reminds us that with God's help, it's possible to wait. It's possible to think twice. We don't have to act quickly. God has given us the Holy Spirit to help us stay strong and be patient. [Bottom Line] When you think you can't wait, think twice."

Pray + Dismiss

[Pray to God | Prayer Activity]

Reflect: an activity that creates space for personal understanding + application

What You Need: Strips of stickers from the "Think Twice Stickers" Activity Page, and markers

What You Do:

- Give each kid a strip of stickers from the "Think Twice Stickers" Activity Page.
- Set out the markers for kids to decorate their stickers.
- Encourage the kids to take these stickers home and wear a different one several days this week to remind them to think twice.
- Close your group time in prayer.

What You Say:

"Dear God, thank You for the gift of patience through Your Holy Spirit. We know that when we choose to believe in You and follow You, we aren't left alone in our waiting. You give us a way to be strong and have hope while we wait. Please make it clear this week when we need to show patience. Help us to slow down and remember: [Bottom Line] When you think you can't wait, think twice. We love You and we pray these things in Jesus' name. Amen."

As adults arrive to pick up, ask kids to share one of their outcomes from the Think Twice Activity and show their "Think Twice Stickers."